



Julia C. Hester House

2018 Julia C. Hester House Annual Report



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“The mission of the Julia C. Hester House is to enhance the quality of life in Houston’s Fifth Ward and surrounding communities through programs and services that promote self-empowerment.”

For 75 years, Julia C. Hester House has provided a safe haven for youth, promoting education and childhood development, and it has empowered and supported families and seniors residing in the area. The organization provides services designed to enhance an individual’s awareness of his or her potential, self-determination, self-respect, dignity and the rights, obligations and responsibilities of community participation.

In 2018, 1,542 clients benefitted from the Julia C. Hester House programs and services:

- 129 Youth Services
- 374 Social Services and Case Management
- 104 Senior Services
- 935 Wellness Center and Aquatics Program

*Julia C. Hester House is tax-exempt under 501(c)(3) of the Internal Revenue Code.
Donations are tax-deductible to the extent allowed by law.*

2018 Highlights

Youth Services

2018 was an exciting year for The Julia C. Hester House Youth Services! Not only was it the 75th year that our organization has served the children of Fifth Ward and surrounding communities, we also marked 31 years as a licensed childcare facility. Our Spelling Bee participants won first place in two of three divisions and our Black History Knowledge Bowl team held onto the trophy for the third year in a row! We also had a record number of participants achieve academic excellence, due not only to their energetic efforts, but also thanks to the encouragement and dedication of our parents, staff, and partners in excellence. Over 115 children and their families walked through our doors on a daily basis. During the school year they participated in chess club, robotics and even travelling naturalist workshops – learning about and interacting with rare mammals, amphibians and reptiles. A select group returned to the annual Fish Fest in September and each caught fish at Challenger 7 Memorial Park. Some of their favorite ways to have fun and get moving included modern and classical dance, organized games of “Asteroids” and “Chair Volleyball” with our Hester House Seniors. Over 30 of our children began or continued Learn to Swim lessons. Several of our children were promoted and invited to join the Harris County Aquatics swim team and one of our after schoolers was even invited to compete in a state swim meet! 2018 truly continued the re-established Hester House tradition of empowerment and wellness! Children had the opportunity to receive hot and nutritious Kid’s Cafe meals and participate in games encouraging healthy food choices. The Book Buddy program continued for the third summer as young men from the community visited weekly to read side-by-side with their “little buddies” to encourage them to read often and enjoy the experience. The young entrepreneurs in our Girl Scout troop sold a record number of cookies to raise money for camp. During the holiday season we partnered with Century Link to provide food to families for Thanksgiving. For the 8th year, we also continued our collaboration with the National Charity League Bayou City Chapter who sponsored and put on our annual Holiday Dreams event where more than 200 youth, families and friends sang, danced, played instruments and celebrated the joy of the accomplishments of 2018.

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Social Services and Case Management

Social Service and Case Management program continued the partnership with Harris County Federal Credit Union (HCFC). The HCFC continued to visit the Hester House on a monthly basis to collect deposits, open new accounts and assist with questions regarding financial literacy. Legacy Community Health Clinic continued to offer Community Health Classes on a bi-weekly basis with 8 to 12 participants in each class. Legacy provided glucose screening, blood pressure checks and answered any health questions participants may have had regarding maintaining their emotional, mental and physical health. We held our annual Back on the Block school supply drive and provided school supplies for 90 students from the Hester House Youth Services program as well as the community at large. The Social Service and Case Management program continued to partner with the University of Phoenix and the University of Houston as a field experience site. From May to July 2018, we had two interns learn about the community and study community habits and needs. In November, Century Link Alliance of Black Telecommunication Professionals adopted ten (10) families from the Social Service and Case Management and provided them with Thanksgiving food boxes. Each holiday box contained everything they needed to prepare a Thanksgiving meal. The Swinging Seniors AKA group also adopted two (2) families for the Thanksgiving holiday providing them with a Thanksgiving meal box. In December 2018, Hester House held our annual Holiday Dreams holiday party sponsored by the National Charity League Bayou City Chapter. The National Charity League provided Santa, food, fun and presents for the children and their caretakers. Representative Harold V. Dutton, Jr. held his annual Christmas in the Nickel, which provided bikes, computers and toys for the children who reside in Fifth Ward. The Hester House Social Service and Case Management program is dedicated to meeting the needs of all Fifth Ward residents.

Senior Services

The Senior Services Program is committed to being a program for physical, mental and emotional stimulation. It continues to engage the clients in life enhancements. Many clients stated the great difference the program has made in their lives at the Hester House and also at home. We stressed to each client the importance of staying engaged mentally by offering puzzle, board and Wii games. Each client is encouraged to participate in physical activities such as rhythm walking, chair exercises, learning to swim, water aerobics, Tai Chi, chair volleyball and weight strengthening daily. We offered courses from American Heart Association, Calmer Life and Legacy Community Health. Some of the clients who participated in the monthly field trips and events expressed how grateful they are because who may not have had the opportunity to experience trips like these, if it wasn't for the Hester House. Some say it was their first time going to places like the Houston Livestock and Rodeo or even a tour of downtown Houston. The clients also stated how it has enhanced their social skills in the community. During 2018, the

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Senior Services Program provided an average of 40 morning snacks and lunches on a monthly basis. Senior Services served 35 - 40 seniors daily and grew an average of 5-6 seniors monthly. We have a roster of over 200 seniors. The seniors embrace and love the program and also add that it is much needed and appreciated in the community.

Wellness Center and Aquatics Program

The Wellness Center and Aquatics Program had several noteworthy accomplishments. On a daily basis, 10 – 15 clients utilized the equipment room and gymnasium for various exercises. Both women and men participated in using the weight room and gymnasium. There were 275 non-duplicated adults who utilized the facility for recreational purposes. Youth, from the After-School Program learned how to play golf; participated in three-on-three basketball tournaments and regular Youth After-School and Summer Camp recreational activities took place in the gymnasium. Youth special events included: youth summer and end of the year performances, Holiday Dreams Christmas celebration and Christmas in the Nickel. The Urban Enrichment Institute utilized the facility for recreation on Tuesdays and Thursdays during the summer. Senior weekly activities included weight training, tai chi, rhythm walking and chair exercises. Special events took place in the gymnasium: Seniors happy birthday celebrations took place quarterly and Seniors Holiday celebration in December. The facility was also used for multiple workshops, trainings and presentations. Serving over 600 adults and youth for the year of 2018, the Aquatics Program continues to offer water aerobics, lap swimming, and learn to swim. Many participants learned how to swim and received their swimming certifications. Harris County Aquatics Program Mighty Dolphins continued to participate in swim meets throughout the city. In December 2018, two swimmers qualified to swim in a Champ's meet at Texas A&M University, and two swimmers won high point trophies in two different local Champs meets. The Wellness Center and Aquatics Program continued to focus on the wellness of the community.

Julia C. Hester House Leadership 2018 Board of Directors

Chairman of the Board

Charles E. McCloud

Directors

Sidney Braquet	Jim Lemond
Lester Byrd	Johnnie Means
The Honorable Harold Dutton, Jr.	Matt Milligan
Darryl Wilson	

Executive Director

Daisy A. Stiner

Manager – Youth Services

Tia Bonham

Manager – Social Services and Case Management

Marie Mure

Manager – Senior Services

Jacqueline Lane

Manager – Wellness Center

Brian Purnell

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JULIA C. HESTER HOUSE, INC.
2018 Financial Summary Report (Unaudited)

The following is the summary of Julia C. Hester House’s unaudited financial report for the calendar year ended on December 31, 2018.

Total Support and Revenues	\$435,991.41
Total Programs’ Expenses	\$660,360.54
Total Management and General Expenses	\$109,006.19
Total Fundraising Expenses	\$3,244.02
Total End of Year Net Asset Balance	\$4,846,772.15

This information is provided to Better Business Bureau of Greater Houston and South Texas per their request(s).

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